



FEDERATION INTERNATIONALE DE L' AUTOMOBILE

## Therapeutic Use Exemptions (TUE) Important information for all drivers and co-drivers

### → What is a TUE?

Once a year (or more frequently if required), the World Anti-Doping Agency issues a list of substances and methods the use of which is prohibited in and/or out of competition. This list is called the “Prohibited List” (available on [www.fia.com/sports/fia-anti-doping-regulations](http://www.fia.com/sports/fia-anti-doping-regulations)).

However, if, for medical reasons, a driver needs to use a drug containing a prohibited substance or a prohibited method (because no permitted medicine can be used instead), a request for a “Therapeutic Use Exemption” (TUE) can be made to the competent organisation (*see below*).

For this, an application must be made using the official form which can be downloaded from the FIA website ([www.fia.com/sports/anti-doping/therapeutic-use-exemptions](http://www.fia.com/sports/anti-doping/therapeutic-use-exemptions)) or which can be obtained from any National Anti-Doping Organisation.

#### **IMPORTANT:**

**Complete and detailed documentation explaining the clinical reasons for the therapy requiring the use of a prohibited substance or method must be sent together with the TUE request. It should include the patient’s history, test results, how the disease/disorder/injury has been managed over time, and any and all attempts to use non-prohibited medications and methods.**

### → Who should fill in the TUE form?

The driver’s doctor, who must review the medical requirements for the TUE so that he or she can provide all of the relevant information.

### → When should the TUE form be submitted?

- no later than 30 days before the beginning of the season or the next competition
- if you are part of your National Registered Testing Pool or the FIA International Registered Testing Pool: at the moment of your inclusion in this pool
- immediately for emergency treatment or if treatment of an acute medical condition is necessary.

### → To whom should the application be submitted?

To the FIA if you are:

- included in the FIA International Registered Testing Pool
- planning to participate in an international competition

To your National Anti-Doping Organisation ([www.dopinglijn.be](http://www.dopinglijn.be) / [www.dopage.be](http://www.dopage.be)) if you are:

- planning to participate in a national or regional competition.

For further information, please check [www.fia.com/sports/fia-anti-doping-regulations](http://www.fia.com/sports/fia-anti-doping-regulations) Article 4.5 of Appendix A to the International Sporting Code and the WADA International Standard for Therapeutic Use Exemptions.